



Form Guide

Talk Break	
mcm Commercial Window	
Local Commercial Window	Activate with Command #1
Local ID- 4sec	Activate with Command #4

Note: Placement of Local ID TBA

Hours 1 & 2 (2:00pm - 4:00pm AEDST)

HOOR 1	TRACK	NOTES	TIME
Seg 01	SHOW START		1400:00 AEDST
	Intro	Duration 1:00	
	Song 01		
	Song 02		
	Guest	Duration 3:00	
	Song 03		
	Guest with callers	Duration 2:00	
	Song 04		
	mcm Commercials- Duration: 2:00		
Local Commercials- Duration 3:00	Command #1		
Seg 02	Intro		
	Song 05		
	LA Lowdown live cross	Duration 2:00	
	Song 06		
	LA Lowdown callers / Promotion	Duration 1:00	
	Song 07		
	mcm Commercials- Duration: 2:00		
Local Commercials- Duration 3:00	Command #1		
Seg 03	Intro		
	Song 08		
	Gossip Report	Duration 3:00	
	Song 09		
	Outro With Tease		
	mcm Commercials- Duration: 2:00		
Local Commercials- Duration 3:00	Command #1		
Total Hr 60:00			
HOOR 2	TRACK	NOTES	TIME
Seg 04	SHOW START		
	Intro	Duration 1:00	
	Song 01		
	Song 02		
	Guest	Duration 3:00	
	Song 03		
	Guest with callers	Duration 2:00	
	Song 04		
	mcm Commercials- Duration: 2:00		
Local Commercials- Duration 3:00	Command #1		
Seg 05	Intro		
	Song 05		
	LA Lowdown live cross	Duration 2:00	
	Song 06		
	LA Lowdown callers / Promotion	Duration 1:00	
	Song 07		
	mcm Commercials- Duration: 2:00		
Local Commercials- Duration 3:00	Command #1		
Seg 06	Intro		
	Song 08		
	DJ Hot Spins	Duration 3:00	
	Song 09		
	Outro With Tease		
	mcm Commercials- Duration: 2:00		
Local Commercials- Duration 3:00	Command #1		
Total Hr 60:00			



Form Guide

Talk Break	
mcm Commercial Window	
Local Commercial Window	Activate with Command #1
Local ID- 4sec	Activate with Command #4

Note: Placement of Local ID TBA

Hours 3 & 4 (5:00pm - 6:00pm AEDST)

HOUR 3	TRACK	NOTES	TIME
Seg 07	SHOW START		
	Intro	Duration 1:00	
	Song 01		
	Song 02		
	Guest	Duration 3:00	
	Song 03		
	Guest with callers	Duration 2:00	
	Song 04		
	mcm Commercials- Duration: 2:00		
Local Commercials- Duration 3:00	Command #1		
Seg 08	Intro		
	Song 05		
	LA Lowdown live cross	Duration 2:00	
	Song 06		
	LA Lowdown callers / Promotion	Duration 1:00	
	Song 07		
	mcm Commercials- Duration: 2:00		
Local Commercials- Duration 3:00	Command #1		
Seg 09	Intro		
	Song 08		
	Tweet of the week	Duration 3:00	
	Song 09		
	Outro With Tease		
	mcm Commercials- Duration: 2:00		
	Local Commercials- Duration 3:00	Command #1	
		Total Hr 60:00	
HOUR 4	TRACK	NOTES	TIME
Seg 10	SHOW START		
	Intro	Duration 1:00	
	Song 01		
	Song 02		
	Guest	Duration 3:00	
	Song 03		
	Guest with callers	Duration 2:00	
	Song 04		
	mcm Commercials- Duration: 2:00		
Local Commercials- Duration 3:00	Command #1		
Seg 11	Intro		
	Song 05		
	LA Lowdown live cross	Duration 2:00	
	Song 06		
	LA Lowdown callers / Promotion	Duration 1:00	
	Song 07		
	mcm Commercials- Duration: 2:00		
Local Commercials- Duration 3:00	Command #1		
Seg 12	Intro		
	Song 08		
	The Download (Games & Tech Report)	Duration 3:00	
	Song 09		
	Outro With Tease		17:55 AEDST
	mcm Commercials- Duration: 2:00		17:57 AEDST
Local Commercials- Duration 3:00	Command #1		
		Total Hr 60:00	