

## Weekend Mornings Clocks

Saturday & Sunday 0900 to 1300 – EST or EDT when applicable

0900 to 1300	Command	Description – Satellite Channel 102
:00:00	-	LOCAL News Theme Window
:00:07	-	<b>News – refer to separate News Schedule</b>
:07:00	-	Show starts/resumes on theme
:20:00	1	LOCAL 3:50 Commercial Break Window
:30:00	1	LOCAL 3:40 Commercial Break Window
:40:00	1	LOCAL 3:50 Commercial Break Window
:50:00	1	LOCAL 3:10 Commercial Break Window
:59:50	4	LOCAL 0:05 News Credit

We recommend scheduling one additional break in each hour; reset breaks at top of hour.