

Weekend Mornings Clocks

Saturday & Sunday 0900 to 1300 – EST or EDT when applicable

| 0900 to 1300 | Command | Description – Satellite Channel 102 |
|--------------|---------|---|
| :00:00 | - | LOCAL News Theme Window |
| :00:07 | - | News – refer to separate News Schedule |
| :07:00 | - | Show starts/resumes on theme |
| :20:00 | 1 | LOCAL 3:50 Commercial Break Window |
| :30:00 | 1 | LOCAL 3:40 Commercial Break Window |
| :40:00 | 1 | LOCAL 3:50 Commercial Break Window |
| :50:00 | 1 | LOCAL 3:10 Commercial Break Window |
| :59:50 | 4 | LOCAL 0:05 News Credit |

We recommend scheduling one additional break in each hour; reset breaks at top of hour.